

## How to Connect with a Counselor

SMC Counselors are here to assist you during the temporary closure of in-person services due to coronavirus. There are different counselors and programs available to serve all needs.

For SMC students who are not part of a special program or are not seeking to use a specialized service, please select " General Counseling/Transfer Services." Special program participants, (international students, Adelante students, students veterans, EOP&S students etc) please select your program from the list below, or if you would like to make an appointment in the Career Services Center or the Center for Wellness & Wellbeing, please click on the appropriate blue button for those services.

